

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	1637	Anders, Jan	Hagener AC 05	00:47.00		00:45.78		01:32.78	30
2	4304	Schmal, Tim	AC Hohenseelbachskopf	00:46.90	2	00:45.91	2	01:36.81	27
3	527	Dirkschnieder, Jan	MSC Beckum	00:47.95		00:48.49	2	01:38.44	24
4	1602	Ungefroren, Kai	Hagener AC 05	00:48.08	4	00:47.66		01:39.74	22
5	610	Fuchs, Nico	AMC Wittgenstein Bad Berlebu	00:51.42		00:49.15		01:40.57	20
6	1822	Schlie, Phil	MSC Harsewinkel	00:49.36		00:51.23		01:40.59	18
7	1713	Uphues, Finn	RC Haltern	00:51.82		00:49.16		01:40.98	16
8	2902	Engel, Paul	AMC Obernau	00:49.91		00:51.49	2	01:43.40	14
9	4013	Boss, Leon	MSF Warstein	00:51.57		00:49.23	4	01:44.80	13
10	2607	Franke, Luca	AMSC Marl-Hüls	00:54.00	2	00:46.88	2	01:44.88	12
11	1711	Korte, Kevin	RC Haltern	00:51.28	2	00:52.63		01:45.91	11
12	609	Schaller, Marek	AMC Wittgenstein Bad Berlebu	00:48.71	2	00:47.67	8	01:46.38	10
13	4814	Daners, Jan	MSC Soester Börde	00:52.62	2	00:52.09		01:46.71	9
14	3809	Wollscheid, Jonas	AMC Waltrop	00:51.27	4	00:50.17	4	01:49.44	8
15	4308	Grunewald, Max	AC Hohenseelbachskopf	00:50.96	4	00:50.67	4	01:49.63	7
16	3811	Lubjuhn, Dominic	AMC Waltrop	00:53.27		00:54.54	2	01:49.81	6
17	4412	Pankewitz, Thore	MSC Bergstadt Rüthen	00:53.28	2	00:52.79	2	01:50.07	5
18	3503	Schmidt, Kevin	MSC Schmallenberg	00:57.42		00:53.19		01:50.61	4
19	2810	Huhn, Alexander	MSF Netphen	00:50.68	10	00:50.00		01:50.68	3
20	2523	Kurz, Florian	AMSC Lüdinghausen	00:54.12		00:53.94	4	01:52.06	2
21	3923	Kletke, Finn Bennett	AC Warendorf	00:55.61	8	00:53.19	2	01:58.80	1
22	501	Ruddigkeit, Lars	MSC Beckum	00:51.63	14	00:55.66		02:01.29	1
23	536	Maul, Maik	MSC Beckum	00:57.04	8	00:50.17	8	02:03.21	1
24	1010	Kölsch, Tom	AMC Burbach	00:53.78	14	00:52.92	10	02:10.70	1
25	1415	Joksch, Maik	MSV Dulmania	00:49.44	10	00:50.02	24	02:13.46	1
26	3010	Grundkötter, Lara	AC Oelde	00:54.97	20	00:51.29	10	02:16.26	1
27	2508	Nettelbusch, Jan Leon	AMSC Lüdinghausen	01:07.89	12	01:02.43	10	02:32.32	1

Zeitnahme: D. Mioscka  
Auswertung: R. Diedrich

Schnellster Lauf: 00:45.78  
(Anders, Jan - 1 / 1637)